

**You can have your
cake and eat it...**

**FREE
WEIGHT LOSS
WORKSHOP**

**SATURDAY
FEBRUARY 19TH,
2pm to 5.30pm**

**Refreshments
Provided**



Permanent weightloss made simple...

**Do something positive today...
Register for our Free weight loss
workshop 01908 990132**

**THE
Lose-it
coach**

**Call 01908 990132
www.theloseitcoach.co.uk**



Do something positive today...

Book into our FREE weight loss workshop

...or join the NEW weekly class starting in Newport Pagnell

To be held at suite 12,
Interchange Business Centre,
Howard Way, Newport Pagnell,
MK16 9PY

Midday on Fridays starting
Friday 25th February.



**Call 07715 502633
or visit [www.
theloseitcoach.co.uk](http://www.theloseitcoach.co.uk)
for more information**



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